



SERGIO FERNANDEZ

Women's Health Care in San Diego

Obstetrics & Gynecology

Women's Health Care in San Diego is an all-female OB-GYN physician group practicing at Sharp Mary Birch Hospital. Dr. Colleen McNally, Dr. Iris Arrieta, Dr. Kaitlin Hoover, Dr. Lisa Underwood, and Suzanne Riego, N.P., have all received excellent training at prestigious medical centers throughout the country and provide patients with the most technologically advanced options. The physicians at Women's Health Care in San Diego enjoy taking care of women through all stages of life, from birth through menopause, and are known for providing patient and family-centered maternity care from conception through childbirth and the postpartum period. "We provide evidence-based maternity care while taking into consideration our individual patients' values, requests, and desires for their pregnancy and childbirth," says Dr. McNally, named a Top Doctor by *San Diego Magazine*. "We strive to meet all of our obstetrical patients' needs, from low-risk, non-medicated vaginal deliveries to caring for women with higher-risk pregnancies who require the expertise of the Women's Health Care staff and physicians."

In addition to obstetrical care, Women's Health Care in San Diego offers comprehensive gynecological services, including pediatric gynecology, adolescent care, and menopausal care. The physicians provide alternatives to hysterectomy, such as endometrial ablation, hysteroscopic myomectomy, uterine artery embolization, or laparoscopic hysterectomy. "If a patient has an urgent need and requests an appointment, we will find a way to see her," says Dr. McNally. "We see our patients as active participants in their care by providing education, expertise, and individualized care in both obstetrics and gynecology. We treat all of our patients as though they are the most important member of their health care team. We truly enjoy getting to know our patients and strive to establish an environment in which patients feel comfortable and cared for. We are currently accepting new patients who seek nurturing OB or GYN care." ■

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